Support to Recovery

PROMOTING POSITIVE MENTAL HEALTH



APRIL 2025 SCHEDULE

Here's what's coming up in our face-to-face workshops, Zoom sessions and Facebook releases this April



YOU MUST BOOK BEFORE ATTENDING ANY OF OUR SESSIONS UNLESS OTHERWISE STATED

To book your place on an S2R session, call 07933 358800 or email contact@s2r.org.uk

PLEASE NOTE THAT S2R WILL BE CLOSED FROM FRIDAY 18TH APRIL TO MONDAY 21ST APRIL. SERVICES WILL RESUME ON TUESDAY 22ND APRIL.



FACE-TO-FACE SESSIONS

Please do not attend any sessions if you feel unwell or have any symptoms of flu or Covid. Age restrictions apply: some of our sessions are family-friendly, but most are for 18+ years only so please check when you book to make sure it's suitable.

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NAME	DATE AND TIME	DETAILS	
	REGULAR SESSIONS		
Peace Pit Growing Group Old Fieldhouse Lane, Deighton, Huddersfield HD1 1AG	Every Monday 10:00 - 14:00 Facilitated by: Cherry	Help us to grow plants and flowers for local parks, volunteer groups and green spaces at the Kirklees Council polytunnels. No previous gardening experience needed and you can stay for the whole session or join us for an hour or two, it's up to you. Please wear clothing and footwear suitable for gardening. Tools and refreshments will be provided.	
Underpin: Alter, Re-use, Upcycle* The 3 Strand Café, Longcauseway Church, Dewsbury WF13 1NH	Monday 28 th April 12:00 - 14:00 Facilitated by: Siân	Come and learn how to alter, re-use and upcycle clothes and fabrics at these friendly and relaxed in-person sessions in Dewsbury. We will teach you how to upcycle, repair and transform items you already have in your wardrobe by turning jeans into skirts, altering necklines or adding pockets, all whilst saving you money and reducing waste at the same time! We are also running some of these sessions online and video recordings will also be available for you to watch in your own time. Please see page 7 of this schedule for more information. *These sessions have been funded by Creative Minds.	
Outdoor Volunteers S2R Create Space, 5-7 Brook Street, Huddersfield HD1 1EB	Tuesday 1 st , 15 th , 22 nd & 29 th April 10:00 - 13:00 Facilitated by: Andy	Meet us at our Create Space building then travel with us to various community green spaces around Kirklees, helping to maintain and improve them through practical conservation tasks such as gardening, tree planting, litter-picking and path construction. Please wear clothing and footwear suitable for gardening. All tools will be provided. If you have any support, access/mobility needs, please contact us before booking as unfortunately not all outdoor sites are fully accessible.	
Birkby and Fartown Library Gardening Group Birkby & Fartown Library, Huddersfield HD1 6HF	Every Tuesday 11:00 - 12:45 Facilitated by: Cherry	A gentle gardening session helping to maintain and develop the garden at Birkby Library, with a few craft activities taking place on alternate weeks too. No previous gardening experience required. Please wear clothing and footwear suitable for gardening. Toilet facilities are available at this session. Tools and refreshments will be provided.	

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	REGULAR SESSIONS		
Greenhead Park Outdoor Volunteers Café in the Park (opposite the tennis courts) Greenhead Park HD1 4HS	Tuesday 8 th April 11:00 - 13:00 Facilitated by: Andy	Join us in Greenhead Park on the second Tuesday of every month, working alongside the Park Maintenance Team. Help us to keep this Green Flag Park looking fantastic for the benefit of everyone's wellbeing, meet some new people and learn some handy practical skills along the way too! Please wear clothing and footwear suitable for gardening. Tools will be provided.	
Move More* Zion Baptist Church Hall, 14 Water Royd Lane, Mirfield WF14 9SB	Tuesday 1 st , 8 th & 29 th April 14:00 - 15:00 Facilitated by: Rowena £2 per person	Join these friendly Move More sessions led by Julie from Active Bodies and have a go at some gentle exercises designed to keep you moving, increase your flexibility, maintain your strength and help you feel more positive. These sessions are suitable for all abilities. Please wear loose, comfortable clothing and bring along a bottle of water to keep hydrated. Everyone is welcome and there's no need to book, just turn up on the day. This class costs £2 per person, per session to attend. *Supported by The National Lottery Community Fund.	
S2R Welcome Morning S2R Create Space, 5-7 Brook Street, Huddersfield HD1 1EB	Every Wednesday 10:00 - 12:00 Facilitated by: Dawn & Jason	Our Welcome Mornings are your chance to drop into S2R, to link up informally with others in the S2R community or to meet our friendly facilitators and find out what S2R has to offer you. Whether you are a member of the public or a professional, this is your chance to find out if S2R is for you and to have a chat with us over a cuppa. Online appointments are also available. Just call in, or email us at: contact@s2r.org.uk to book yourself a slot.	
Knit and Natter at Moldgreen URC* Moldgreen URC, Old Wakefield Road, Huddersfield HD5 8AA	Every Wednesday 10:00 - 12:00	Join us as we knit and natter on a Wednesday morning. Knitters, stitchers and crocheters, everyone is welcome. We knit various things including hats and scarves for the Uniform Exchange, squares for blankets and other small things for various causes, including for church. Crochet and hand sewing are also options - whatever takes your fancy. If you just want to natter, that's ok too, we're always up for a chat. At noon, the session finishes and you can choose to stay for lunch that's usually homemade soup with a bread roll and a warm dessert (also homemade), all for just £3 per person. Come along, we'd love to meet you.	
Cemetery Road Community Allotment Cemetery Road Allotments, Osborne Rd, Birkby HD1 5HB	Every Wednesday 11:00 - 14:00 Facilitated by: Cherry	Join us on the allotment to help grow a variety of soft and hard fruit, salads, herbs and lots of vegetables which you can harvest and take home with you. No previous experience needed. Please wear clothing and footwear suitable for gardening. Please note that there are no toilet facilities at this group. Tools and refreshments will be provided.	
Greenhead Park Wellbeing Walk Huddersfield Leisure Centre, Merton Street HD1 4BP	Every Wednesday 13:00 - 14:00 Facilitated by: Dawn	Meet us at the entrance of Huddersfield Leisure Centre for a gentle walk to and around Greenhead Park, and then back to the Leisure Centre. Please wear clothing and footwear suitable for walking. Please book in advance of your first session by emailing us at: contact@s2r.org.uk.	

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NAME	DATE AND TIME	DETAILS
Waterloo Wanderers Waterloo Bowling Club, Wakefield Road HD5 9XP	Thursday 3 rd & 10 th April 10:00 - 11:00 Facilitated by: Sue	Come and join us for some fresh air and gentle exercise with this friendly walking group. We will have a wander, a natter and take a look at what's going on around us. Everybody is welcome! Meet us outside Waterloo Bowling Club and wear clothing and footwear suitable for the weather. Please let us know if you are coming so we can look out for you.
The Crafty Coffee Club S2R Create Space, 5-7 Brook Street, Huddersfield HD1 1EB	Thursday 3 rd & 24 th April 10:00 - 12:30 £2 per person	A regular, social, creative group. Come along and work on your own creative project which can be anything from knitting to mindful colouring or even painting. This is a group intended for those who enjoy being creative with company and who are happy to self-teach. Booking is essential as places are limited. Please be aware this is not a taught group and costs £2 per person, per session to attend. Please bring your own equipment and materials with you.
Active Birkby Club Evening Walk Norman Park, Birkby Huddersfield HD2 2UE	Every Thursday 19:00 - 20:30	Join the Active Birkby Club for a gentle evening stroll exploring the green spaces of Birkby. Stretch your legs after tea and set yourself up for a good night's sleep. These walks are organised by participants and booking is essential. Please wear clothing and footwear suitable for walking. Everyone is welcome!
Friday Wanderers Dewsbury Country Park, Lowfield Road, Dewsbury WF13 3SR	Every Friday 09:30 - 10:30 Facilitated by: Waheeda	Join this friendly, ladies-only group for a scenic walk through Dewsbury Country Park surrounded by trees and fresh air. We can chat, connect and explore nature together. Please wear clothing and footwear suitable for walking.
Dewsbury Library Walking Group Dewsbury Library, Railway Street, Dewsbury WF12 8EQ	Every Friday 11.00 - 12.45	Join this self-led group for gentle walks along the river, canal and Greenway in Dewsbury. You'll get the chance to take in nature, enjoy panoramic views and historic architecture. Please wear clothing and footwear suitable for walking.
Mirfield Friday Friendship Group* Zion Baptist Church Hall, 14 Water Royd Lane Mirfield, WF14 9SB	Friday 4 th , 11 th & 25 th April 14:00 - 15:30 Facilitated by: Rowena £2 per person	A weekly social group for people over a certain age (50+) to get together. Regular in-house entertainment plus guest speakers and artistes. Everyone is welcome. No booking required, just come along. Refreshments will be provided. The first week is free, then sessions are £2 per person to attend. *Supported by The National Lottery Community Fund.
31ST MARCH - 6TH APRIL		

Manor Field Creative Walks*

Manor Field School, Manor Way, Batley WF17 7DQ Wednesday 2nd April 9:30 - 11:30

Facilitated by: Waheeda

A gentle walking group with creative and mindful outdoor activities to have a go at too. Please wear clothing and footwear suitable for walking.

*Funded in partnership with EPIKS; Walk Wheel Ride Batley and Spen Valley.

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Promoting Positive Mental Health		,
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Wild Colours S2R Create Space, 5-7 Brook Street, Huddersfield HD1 1EB	Thursday 3 rd & 10 th April 13:00 - 15:00 Facilitated by: Byron	Join us for this 2-week course for an introduction into how to use natural materials, flowers, plants, vegetables and fruit to dye or stain fabrics in bold and colourful patterns. Plus, we will also be having a go at different tie-dyeing techniques like Shibori.
Social Creatives S2R Create Space, 5-7 Brook Street, Huddersfield HD1 1EB	Thursday 3 rd April 13:00 - 15:00 Facilitated by: Dawn	Are you aged between 17-24? Come and join us in a safe space to socialise, take part in some creative activities and try something new for free. All materials and refreshments will be provided.
	7TH -	13TH APRIL
Aromatherapy Melt and Pour Soap S2R Create Space, 5 - 7 Brook Street, Huddersfield HD1 1EB	Tuesday 8 th April 13:00 - 15:00 Facilitated by: Byron	Learn how to create your own melt and pour body soap using eco-friendly colours, exfoliants, moisturisers and essential oils. We will also learn how to blend various essential oils to create a harmonious scent for your own unique hand or body soap. Please bring a bag or container along with you.
Bird Box Workshop Norman Park, Norman Road, Birkby HD2 2UE	Wednesday 9 th April 13:00 - 15:00 Facilitated by: Byron	Come and join us in Birkby to learn about our local wildlife and help us make bird boxes for Norman Park and the Grimescar Valley. You will learn how to use hand tools to cut and assemble wood and then make a variety of wildlife habitat homes. We will meet on the field near the bridge over the stream. This is a family-friendly session and everyone is welcome. Children under 16 must be accompanied by an adult. Please wear clothing and footwear suitable for gardening. All tools and refreshments will be provided.
Moldgreen Matters Easter Family Fun* Moldgreen URC, Old Wakefield Road, Huddersfield HD5 8AA	Thursday 10 th April 13:00 - 15:00 Facilitated by: Sue & Helen from Unite Connect Respect	Come and join us for some Easter excitement and creativity! We'll be making chocolate crispy nests that you can munch yourself or take home to give to someone special. If the weather is nice, we'll also be out in the Community Garden decorating plant pots and planting some sunflower seeds for you to take home and grow. If it rains, we will be inside, staying dry. We'd love to see you there! Children welcome but under 16's must be accompanied by an adult. *In partnership with Unite Respect Connect - Huddersfield.
Wellbeing for Everyone Event Greenhead Park, Huddersfield HD1 4HS	Friday 11 th April 11:00 - 15:00 Facilitated by: Byron, Dawn, Jason and Maxine	Join us in Greenhead Park to learn more about The Great Outdoors Project. Enjoy some free eco-crafting activities and explore a variety of the other wellbeing and health services which are available in Huddersfield. Bring your friends and family for a day of creativity and wellness! Everyone is welcome.
Huddersfield Repair Café S2R Create Space, 5-7 Brook Street, Huddersfield HD1 1EB	Saturday 12 th April 11:00 - 14:30 Facilitated by: Byron	Bring your broken or faulty items along to see the friendly fixing volunteers from Huddersfield Repair Café who will show you that not everything that's broken needs binning. If you have some fixing experience then please let us know and you could become part of the fixing community too! This month, we will also be joined by EPIKS who will be fixing bikes. No microwaves please. Age 16+. Anyone under 16 must be accompanied by an adult.

by an adult.

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Promoting Positive Mental Health		
NAME	DATE AND TIME	DETAILS
	14TH -	20TH APRIL
WOVEN 2025 Bunting Workshop* Lindley Library, Lidget Street, Huddersfield HD3 3JP	Monday 14 th April 10:15 - 12:15 Facilitated by: Sue and Keeley HD5 Hub Coordinator	Come and join us for some creative happiness and to make your contribution to WOVEN 2025! There is lots of fun to be had, making your own bunting triangle which will then be added to a huge community creation, plus a decorated flag or hanging to take home with you. Everyone is welcome, but children must be supervised by a responsible adult at all times. For more information, please call Keeley on 07816937331. *In partnership with Unite Respect Connect - Huddersfield and HD5 Community Hub.
Aromatherapy Face Masks S2R Create Space, 5-7 Brook Street, Huddersfield HD1 1EB	Tuesday 15 th April 13:00 - 15:00 Facilitated by: Byron	Learn how to make your own eco-friendly, clay-based face mask using natural ingredients and essential oils. We will discover the benefits of making your own skincare, then explore and blend various essential oils and you'll leave with your own, personalised clay facemask. Please bring a small empty jar or container along with you.
Tuesday Chat Zion Baptist Church Hall, 14 Water Royd Lane, Mirfield WF14 9SB	Tuesday 15 th April 14:00 - 15:30 Facilitated by: Rowena £2 per person	There won't be a Friday Friendship session on the 18th April, so why not come along to our Tuesday Chat coffee afternoon for a cuppa and a natter instead? There will games and an Easter Quiz with prizes! There is a charge of £2 per person to attend. *Supported by The National Lottery Community Fund.
Knit and Natter (or Sit and Chatter) at Morrisons* Morrisons Supermarket Café, Huddersfield HD5 8QW	Tuesday 15 th April 14:00 - 15:30	Come along to this friendly and welcoming group for a free warm drink and a sociable space. We are open to everyone and new faces are very welcome. *Made possible with funding from the Dalton Place Standard Investment Fund.
Aromatherapy Candles Evening Workshop S2R Create Space, 5-7 Brook Street, Huddersfield HD1 1EB	Tuesday 15 th April 18:00 - 20:00 Facilitated by: Byron £10 per person	Join us for this creative, evening workshop and learn how to make your own melt and pour aromatherapy candle using soy wax. We will explore and blend various essential oils to make a personalised scented candle for you to take home with you. All materials including candle holders will be provided. Suitable for ages 18+ only. Please note that all candles will need 24 hours to set before they can be taken home. This workshop costs £10 per person which includes warm drinks, biscuits and all materials. Please visit: www.s2r.org.uk/book-online to book your place.
WOVEN 2025 Bunting Workshop* Rawthorpe & Dalton Library, 23 - 25 Ridgeway, Huddersfield HD5 9QJ	Thursday 17 th April 10:00 - 12:00 Facilitated by: Sue and Keeley HD5 Hub Coordinator	Come and join us for some creative happiness and to make your contribution to WOVEN 2025! There is lots of fun to be had, making your own bunting triangle which will then be added to a huge community creation, plus a decorated flag or hanging to take home with you. Everyone is welcome, but children must be supervised by a responsible adult at all times. For more information, please call Keeley on 07816937331. *In partnership with Unite Respect Connect - Huddersfield and HD5 Community Hub.
Social Creatives S2R Create Space, 5-7 Brook Street, Huddersfield HD1 1EB	Thursday 17 th April 13:00 - 15:00 Facilitated by: Dawn	Are you aged between 17-24? Come and join us in a safe space to socialise, take part in some creative activities and try something new for free. All materials and refreshments will be provided.

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Promoting Positive Mental Health		on when you book to make suite it's suitable.
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Ramblers Taster Walks Marsden Railway Station, Station Road, Marsden HD7 6DH	Saturday 19 th April 13:30 - 16:00	Join the Ramblers for a leisurely 4.5 mile circular walk around Honley looking for signs of spring. Bring a packed lunch with you and please wear clothing and footwear suitable for walking. If you enjoy your first 2 or 3 walks, you may be invited to join the Ramblers and get the full benefits of membership on an annual subscription basis. For more information, visit: https://www.ramblers.org.uk/ or call Christine Senior from the Ramblers on: 07856 844 432.
	21ST -	27TH APRIL
Happy Bees Needle Felted Decoration* Waterloo Bowling Club, Wakefield Road HD5 9XP	Thursday 24 th April 13:00 - 14:30 Facilitated by: Sue	It's springtime! So let's welcome back our favourite pollinators by making a mobile of happy bees and their hive. Combining needle felting techniques and flat felted sheets, this session is suitable both for beginners and those with previous felting experience. Refreshments will be provided as no crafty activity is complete without a brew on the go as well! Under 16's must be accompanied by an adult. Booking is essential so we can ensure that we have enough materials for everyone. Refreshments will be provided. *Made possible with funding from the Dalton Place Standard Investment Fund.
Dewsbury Repair Café The 3 Strand Café, Longcauseway Church, Dewsbury WF13 1NH	Saturday 26 th April 10:00 - 12:30	Bring your broken or faulty items along to be fixed, learn how to repair common household items, help to reduce landfill and save money too! If you would like to volunteer as a repairer, email: churchsecretarylcw@outlook.com. No microwaves please. Age 16+. Under 16's must be accompanied by an adult.
28TH APRIL - 4TH MAY		
Moldgreen Matters Warm Welcomes* Moldgreen URC, Old Wakefield Road, Huddersfield HD5 8AA	Monday 28 th April 09:00 - 11:30 Facilitated by: Sue & Helen from Unite Connect Respect	Start your week off in a positive way! Come and have a warm drink and a chat in a friendly space. We can help with advice and signposting if you have any niggling problems you'd like some help with. Plus, there will be a simple, crafty activity to take part in if you'd like to, or you're welcome to bring along anything you're working on at home. Everyone is welcome! No need to book, just drop in any time between 9am and 11.30am. Children welcome but under 16's must be accompanied by an adult. *In partnership with Unite Respect Connect - Huddersfield.
Moldgreen Matters Planter Tidy* Moldgreen URC, Old Wakefield Road, Huddersfield HD5 8AA	Tuesday 29 th April 10:00 - 12:00 Facilitated by: Sue	Come and help us get Moldgreen ready for spring by spending some time in good company, doing a spot of weeding, tidying and adding new plants to our lovely community planters. Plus there will be warm drinks and biscuits available in the church afterwards. Please wear clothing and footwear suitable for gardening and bring a pair of gloves with you, if you have them. All tools and refreshments will be provided. *In partnership with Unite Respect Connect - Huddersfield.

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ZOOM SESSIONS

To book your place on these sessions, or to receive session recordings to have a go at in your own time, please email us at: contact@s2r.org.uk and we will send you the meeting and video links.

NAME	DATE AND TIME	DETAILS
Underpin: Alter, Re-use, Upcycle*	Tuesday 1 st , 15 th , 22 nd & 29 th April 13:00 - 14:00 Facilitated by: Kim	Join us on Tuesday afternoons for these friendly and relaxed Zoom sessions. Kim will show you handy new sewing skills like darning and visible mending and you will learn how to upcycle, repair and transform items you already have in your wardrobe, saving you money and reducing the amount of items that get thrown away. If you can't attend the live sessions, but would like recordings to have a go at in your own time, please let us know and we will send you the video links. We are also running some of these sessions in-person on Monday afternoons in Dewsbury. Please see page 1 of this schedule for more information. *These sessions have been funded by Creative Minds.

If you are new to S2R, you will need to complete our short application form before joining in with sessions: www.s2r.org.uk/onlineapplicationform

S2R bookings and enquiries: 07933 358 800 (10.30am - 3.30pm, Monday to Friday)

S2R Office: 01484 539 531 (10.30am - 1pm, Tuesday - Thursday)

The Great Outdoors Project: 07541 095 455

Carmen Taylor: 07522 105 861 (Dewsbury & Mirfield Community Anchor)

Email: contact@s2r.org.uk **Website:** www.s2r.org.uk





S2R Create Space



@CreateSpaceS2R



S2RCreateSpace



Please note our courses and workshops are Dementia Friendly, for more information please get in touch.

































BIRD BOX WORKSHOP

Join us in Birkby to learn about our local wildlife and help make bird boxes for Norman Park and the Grimescar Valley. You will learn how to use hand tools to cut and assemble wood and then make a variety of wildlife habitat homes. This is a family-friendly session and refreshments provided!

WEDNESDAY 9TH APRIL 1 - 3PM

Meeting on the field near the bridge over the stream in Norman Park, Norman Road, Birkby HD2 2UE. Under 16's must be accompanied by an adult. Please wear clothing and footwear suitable for gardening. To book your place, email Contact@s2r.org.uk or call 07933 358 800.